



## MONDAY

10:00 am: Welcoming and guided visit of CIFP La Merced.

11:00 am Coffee break at CIFP La Merced.

12:00 pm: Mushroom workshop.

13:45 pm: Lunch at CIFP La Merced.

16:30 pm - 18:30 Guided tour City Centre.

### **JESDAY**

9:00 am - 12:00 Healthy Cooking session on Obesity.

12:30 pm Torreznos workshop.

13:45 pm Lunch at CIFP La Merced.

16:30 pm - 18:30 pm Guided tour of the Arcos de San Juan and San Saturio.

# **JEDNESDAY**

9:00 am - 12:00 Healthy Cooking session on Diabetes.

12:30 pm Visit to Numantino Museum.

13:45 pm Lunch at CIFP La Merced.

16:30 pm - 18:30 pm Cheese tasting workshop.

## THURSDAY

8:30 am - 11:30 Healthy Cooking session on Celiac Disease.

11:30 am Coffee break at CIFP La Merced.

13:30 pm Visit to Bodegas Dominio de Atauta.

14:30 pm Lunch at Traditional Bodegas.

20:30 pm Vino Español (cóctel dinner).

FRIDAY

9:00 am - 12:00 Visit to Cañada Real.

12:30 pm Picnic in San Prudencio.

14:00 pm End of events.

